



TEXAS
Super Doctors[®]
2009

the guide to the
**Top Texas
Physicians**
in more than
30 specialties

plus

TEXAS
Super Dentists[™]
2009

The Top Dentists in Texas

KEY PROFESSIONAL
MEDIA, INC.

and the publishers of
TEXAS MONTHLY



a word about *Super Doctors* and *Super Dentists*

Key Professional Media asked more than 40,000 medical professionals and more than 9,000 dentists to nominate one or more doctors or dentists, other than themselves, from particular specialties based on one question: "If you needed care, who would you choose?"

After totaling the responses, our research team also identified those doctors and dentists who have achieved special recognition from their peers or have demonstrated other indications of expertise. Our researchers also confirmed that each physician or dentist is properly licensed and has no history of disciplinary action. In the end, Key Professional Media's list includes doctors in 32 practice areas and dentists in eight specialties.

Did we miss any outstanding doctors or dentists? No list is perfect, and in a state as large as Texas, we could never include all the great professionals out there. If you can't find your doctor or dentist, there's no need to worry—all health-care providers practicing in Texas must comply with stringent licensing requirements.

We hope you find this information helpful. Think of it as the collective address book of Texas health providers. To find a doctor or dentist who is highly recommended by his or her peers, begin your search here. We think you'll be glad you did.

Looking for a great dentist? *turn to page S-43*

▶ ask *Super Doctors*

How often should I be seen by a dermatologist for a skin exam?



Dr. Jennifer Cather of Modern Dermatology Aesthetics Center in Dallas responds ...

You should take skin exams seriously. More than one million skin cancers are diagnosed in America annually. One in five Americans will develop skin cancer. Although most forms are not life threatening, melanoma can be deadly. Basal cell carcinoma and squamous cell carcinomas, which may present as non-healing lesions, pearly bumps, scar-like indentions or red scaly bumps or patches, are the two most common forms. Melanoma is the most common cancer for adults ages 25 to 29, and the second most common for those between 15 and 29. One American dies of melanoma almost every hour.

The American Academy of Dermatology recommends regular self-examinations that include scalp, genitalia and soles of feet. If a patient has risk factors (e.g., family history, fair-skinned Caucasians, blue/green eyes, previous cancers, many moles) or has a significant history of ultraviolet light exposure (tanning, sunburns, freckles,

history of precancerous lesions or previous skin cancers), then he or she should have an examination annually. Recipients of organ transplants, human immunodeficiency virus patients and autoimmune patients should have yearly examinations. Those with changing or unusual lesions should be examined immediately. Patients with a history of melanoma require more frequent examinations.

Melanoma is rare in pediatrics, therefore annual examinations aren't usually required until after puberty unless there are changing or growing atypical lesions (pink or brown), moles present at birth or soon thereafter or a family history of melanoma.

Research shows that skin exams can lead to early detection, which can help cure most skin cancers via surgical removal. The American Academy of Dermatology often offers free screenings. Check for screenings near you at aad.org.

This listing does not necessarily indicate that a doctor is a certified specialist in the designated field. Names and page numbers in **RED BOLDFACE** indicate a profile on the specified page. ♦ indicates doctor's practice has a pediatric specialty.

Dermatology cont'd from page S-8

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Cather, Jennifer C. Dallas, 214-265-1818
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Cockerell, Clay J. Dallas, 214-530-5200
Collins, Weldon E. Beaumont, 409-835-1333
Colome, Maria I. Houston, 713-442-0000
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Dano, Jaculeen A. Austin, 512-302-4047
Davis, Steven A. San Antonio, 210-614-3355

- Day, Jr., Calvin L.** San Antonio, 210-615-7145
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Dozier, Susan E. Austin, 512-527-9020
DuBois, Janet C. Austin, 512-345-3599
Duncan, Scott C. San Antonio, 210-824-7001
Duvic, Madeleine. Houston, 713-745-1113
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Farmer, Amy C. The Woodlands, 281-210-2820
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- Garner, Lisa A.** Garland, 972-271-4141
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Meffert, Jeffrey J. San Antonio, 210-821-5598
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Owens, Donald W. Houston, 713-442-0000
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Thieberg, Mark D. Plano, 972-758-4601
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This listing does not necessarily indicate that a doctor is a certified specialist in the designated field. Names and page numbers in **RED BOLDFACE** indicate a profile on the specified page. \diamond indicates doctor's practice has a pediatric specialty.

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 Yee, Tommy, McAllen, 956-686-2393
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 Zeller, Robert S., Houston, 832-822-1750 \diamond

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 Carter, Julian G., Dallas, 214-824-2563
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 Edwards, Creighton L., Houston, 713-798-6322
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ask Super Doctors

What should I expect from my first visit with an infertility specialist?



Dr. Laurie J. McKenzie of Houston IVF responds...

When an individual or couple has been attempting pregnancy for quite some time, there is often a high degree of frustration or anxiety already present. Knowing what to expect with the first consultation may reduce some of that anxiety. Most initial consultations with a reproductive endocrinologist last approximately an hour and involve a review of your medical chart and any medical records supplied. The consultation is an opportunity to review both your and your partner's reproductive health, as well as help you both feel more in control of the process.

The first visit typically will include discussing any prior fertility testing and treatment, in addition to any history of home monitoring (a gathering of data on hormonal patterns and menstrual cycles). Any

family history that is relevant, such as a history of miscarriages, genetic disorders and hormonal problems will also be discussed. Based on health status and age, your doctor will go over all of the recommended testing and treatment options available to you, along with success rate percentages. Together, you will decide what course of action you are most comfortable taking.

Led by specialists trained in the treatment of infertility, Houston IVF assists patients by identifying the cause for infertility, and then developing a treatment plan based on these specific findings. In addition, our team consists of a number of embryologists, nurses and other professional staff who are dedicated to helping patients achieve their dream of having a baby.