



# Houston IVF

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## PATIENT INFORMATION SHEET

### RECOMMENDED TESTING

	Blood Type (including Rh), Antibody screen and Rubella immunity	This may be done at any time of your cycle. You may have a copy of these results from your general OBGYN.
	Communicables - <i>both partners</i> - Hepatitis B Surface Antigen, Hepatitis C Antibody, HIV I & II, RPR.	Call one of the receptionists to schedule these blood tests. They must be current (within 6 months of your cycle).
	Cystic Fibrosis – <i>one partner</i> Carrier testing.	This may be done in conjunction with the communicables. Please follow the same protocol as above.
	TSH (Thyroid Stimulating Hormone). <b>AND/OR</b> Prolactin.	This may be done in conjunction with the communicables. Please follow the same protocol as the communicables.
	Pap Smear.	Must be current (within 1 year). If necessary, this may be scheduled with one of the nurses.
	Mammogram.	For patients 40 years and older. Must be current (within 1 year).
	Semen Analysis - <i>male partner</i> .	Call one of the receptionists to schedule this appointment.
	Clomid Challenge (CCCT) – The gold standard for ovarian reserve testing. <b>OR</b> FSH.	Call one of the nurses on *day 1 of your cycle. You will come to the office for a blood draw on day 3 & 10 of your cycle.  Please follow the same protocol as above. Drawn on day 3 only.
	HSG (Hysterosalpingogram) – An X-ray of the uterus and fallopian tubes which allows visualization of the inside of the uterus and tubes.	Call one of the receptionists on *day 1 of your cycle. You will go to the outpatient center at MHMCH for this procedure during day 6-10 of your cycle.
	Hysteroscopy, Trial embryo transfer and Sonogram with antral follicle count	Called our “one-day workup”, these are tests helpful for women undergoing IVF. The uterine cavity is evaluated, an embryo catheter is inserted to “map out” embryo placement, and ovarian reserve testing is performed with the sonogram. These tests also help us to design your stimulation protocol. These tests are typically performed usually between days 6-10 of your cycle
	<b>Other testing</b> (Such as sickle cell screen, B thal )	

\* Day 1 is full flow **BEFORE 5:00 PM.**

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